**COVID-19 SELF-ASSESSMENT**

**DO YOU CURRENTLY HAVE ANY OF THE EMERGENCY WARNING SIGNS?**

- Extreme difficulty breathing or shortness of breath
- Signs of low oxygen (e.g. abnormally bluish, gray or white lips or face)
- Severe pain or pressure in the chest
- Signs of low blood pressure (e.g. too weak to stand, severe lightheadedness or dizziness)

**HAVE YOU BEEN EXPOSED TO COVID-19?**

- Been in close contact of someone who has tested positive for COVID-19 within the last 14 days

**ARE YOU EXPERIENCING COVID-19 SYMPTOMS?**

- Fever (temperature equal to or greater than 100.4)
- Recent decrease or loss in sense of smell or taste
- Chills (uncontrollable body shaking)
- Cough that is new or worsening

**ARE YOU EXPERIENCING VIRAL SYMPTOMS?**

- New muscle aches not related to another medical condition, specific activity or other known cause (e.g. due to physical exercise)
- New sore throat not related to another medical condition or known cause (e.g. allergies)
- New onset of vomiting or diarrhea not related to another medical condition or known cause
- New onset of severe fatigue not related to another medical condition or known cause

**SEEK EMERGENCY CARE**

**QUARANTINE AND GET TESTED IF YOU FEEL SICK**

If you have **no** exposure and **no** symptoms, **you may come to campus**. Be sure to wear a face covering when in public, practice social distancing and practice good hygiene.